

# Wegbeschreibung



## More Details

### Your way to us by bus / train:

- **934 (bus) - Duisburg Falkstraße**  
walk towards the laundromat and then turn left, after about 100m the destination is located to your left (Medien Zentrum)
- **903 U79 – (train) Duisburg Duissern U-Bf**  
walk into the Aakafahrstraße passing the VBG building, then turn left onto the Schreiberstraße and walk to the end (about 400m), then turn left and the destination is on the other side of the street (Medien Zentrum)



**CTE** Coaching Team Ersoy    Telefon: 0203 / 317 65 830  
Coaching Training Erfolg    0800 555 79 888  
Fax: 0203 / 317 65 836

Im Medienzentrum  
Falkstraße 73 - 77    E-Mail: [info@c-t-e.nrw](mailto:info@c-t-e.nrw)  
47058 Duisburg    Website: [www.c-t-e.nrw](http://www.c-t-e.nrw)



Förderung: AVGS – Aktivierungs- und Vermittlungsgutschein nach §45 SGB III



## Soft-Skill-Training individuell

in Präsenz oder Online **341/22/22**



### Our soft skills training supports you in:

- Handling correspondence effectively
- Dealing with emotional difficulties
- Coping with daily challenges and stress
- Exploring career options
- Searching for housing
- Navigating bureaucratic procedures

### At our coaching center, we offer:

- - Professional job application photos
- Access to Microsoft Office for the duration of the coaching
- A friendly, open, and multicultural coaching team

### We can offer coaching in the following languages:

German • Turkish • Bulgarian • Romanian • Arabic  
English • Ukrainian • Albanian

### We also provide coaching services via

**Phone, Email, Video Conferencing  
SMS, Teams**

# Soft – Skill – Training

## Our individual Soft Skills Training

Supports you in many situations of everyday life, as well as on your path back into the professional world.

### We help in difficult life situations.

Your personal coach will support you twice a week for 2 units each.

### We help and support you in:

- Strengthening your self-esteem (empowerment)
- Handling correspondence
- Finding a new apartment
- Exploring new career options
- Finding solutions to issues such as daycare, school, health, etc.
- Overcoming language barriers in everyday life
- Building networks and new social contacts
- Dealing with family problems
- Addressing dependencies
- Navigating through pregnancy
- Overcoming financial difficulties
- Coping with difficult life situations

### Additionally, you will receive:

- A complete application package
- A professional job application photo
- Access to all Microsoft Office products during the program



## What are you waiting for?

Call us free of charge

0800 555 79 888

Make an appointment

We will be happy to advise you



Activation and vocational integration measure (MAbE) according to § 16 para. 1 SGB II in conjunction with § 45 SGB III for the AVGS-MAT - Activation and Placement Voucher for the measure with a provider.

# Soft – Skill – Training MODULE

- Admission interview required
- Communicative competence
- Social competence
- Family management
- Activation language learning
- Personal competency
- Mental competency
- Implementation competency: housing management
- Financial management
- Future outlook



"Our planet is our home,  
our only home.  
Where shall we go  
if we destroy it?"

Dalai-Lama

We share this view as well, and therefore it is our endeavor to minimize harmful CO2 emissions in order to counteract climate change.