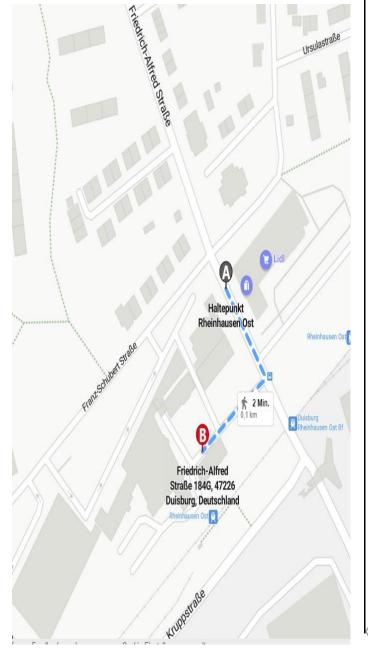
## Wegbeschreibung





#### **Mehr Details**

#### Your way to us by bus / train:

Our Rheinhausen office is located at the outskirts of the former Krupp steelworks site in Duisburg-Rheinhausen.

Entrance 184 is clearly visible from the Friedrich-Alfred-Straße. There are plenty of parking spaces available in our vicinity.

You can reach us by public transport with any bus that stops at "Friedrich-Alfred-Straße" - from there, it is only about 50 m by foot. There is a bus stop directly in front of LIDL and from there, it is less than a 5-minute walk to **House 1**; our office is on the first floor.

In the immediate vicinity, you are going to find the Rheinhausen-Ost railway station with S-Bahn connections to bus lines 912, 925, 914 every 20 minutes and line 922 every hour. **The following lines stop at Rheinhausen OST Bf: 914, 924E, 925** 



**CTE** Coaching Team Ersoy
Coaching Training Erfolg

Business – Center Rheinhausen Friedrich-Alfred-Str. 184 - 186 47226 Duisburg Telefon: 0203 / 317 65 830

0800 555 79 888

Fax: 0203 / 317 65 836

E-Mail: <a href="mailto:info@c-t-e.nrw">info@c-t-e.nrw</a>
Website: <a href="mailto:www.c-t-e.nrw">www.c-t-e.nrw</a>

#### Measure



Activation and professional integration measure (MAbE) according to § 16k paragraph 1 sentence 3 SGB II in conjunction with § 45 paragraph 4 sentence 3 number 1 SGB III





### Soft Skill Training All-encompassing social coaching

Individual support and basically in presence



## Our soft skill training supports you in various aspects:

- Dealing with correspondence
- Coping with mental challenges
- Dealing with excessive demands in everyday life
- job orientation
- house hunting
- Outreach coaching
- Assistance with visits to the authorities

#### Of course, we offer you even more:

- Free application photos on site
- Use of the Microsoft Office package during coaching sessions
- A friendly, open and multicultural coaching team

#### Our coaching languages:

German • Turkish • Bulgarian • Romanian • Arabic • English • Ukrainian • Albanian • Russian • Kurdish

# We help with difficult life situations

Your personal coach will support you twice a week.

We are here to help and support you in the following areas:

As part of our counselling, CTE offers individual coaching on various topics:

- Strengthening of self-esteem (empowerment)
- Support with correspondence
- Help with finding a flat
- Support with professional reorientation
- Finding solutions for issues such as kindergarten spots, schools, health care, etc.
- Overcoming language barriers in everyday life
- Building networks and social contacts
- Support with family-related challenges
- Help with addictions
- Support during pregnancy
- Support with financial difficulties or difficult phases in life

#### In addition, you will receive:

At the end of the program/counselling, each participant receives a certificate or confirmation of participation as well as individual recommendations for your individual situation.

"Our planet is ou<mark>r home,</mark> our only ho<mark>me. Where s</mark>hall we go if we destroy it?"

Dalai-Lama

We share this view as well, and therefore it is our endeavor to minimize harmful CO2 emissions in order to counteract climate change.





### What are you waiting for?

Call us free of charge
0800 555 79 888

Make an appointment
We will be happy to advise you





#### Measure

Activation and professional integration measure (MAbE) according to § 16k paragraph 1 sentence 3 SGB II in conjunction with § 45 paragraph 4 sentence 3 number 1 SGB III

# **Soft - Skill - Training All-encompassing Social Coaching 16k**

The help and counselling we offer at CTE do not follow rigid rules. Instead, we tailor them to the individual needs of the person concerned. As part of our comprehensive support, we offer various services, including:

- Intensive personal counselling
- Formation a trusting relationship with the person concerned
- Involvement of the person's family and friends
- Setting small goals to improve skills gradually
- Support to increase motivation
- Help with crises and stimulation of learning processes
- Referral to specialized services and organization of support
- Direct support on site, if desired
- Support during work or training

At CTE, we also offer comprehensive support directly on site if the person consents. With our physical presence on site, we strengthen the trust in our institution and show how much we value respect as well as equality are. This also facilitates the involvement of family members or friends. Our on-site guidance includes counselling and support for the person at home or in their social environment.