

## Route description



## More Details

### Your way to us by bus / train:

- **934 (bus) - Duisburg Falkstraße**  
walk towards the laundromat and then turn left, after about 100m the destination is located to your left (Medien Zentrum)
- **903 U79 – (train) Duisburg Duissern U-Bf**  
walk into the Aakafahrstraße passing the VBG building, then turn left onto the Schreiberstraße and walk to the end (about 400m), then turn left and the destination is on the other side of the street (Medien Zentrum)



**CTE** Coaching Team Ersoy  
Coaching Training Erfolg

Im Medienzentrum  
Falkstraße 73 - 77  
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Funding: AVGS – Activation and Placement Voucher  
according to § 45 Absatz 1 Satz 1 Nummer 5 SGB III

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## Empowering in the Job: Hybrid Stabilization of Employment Initiation



### Our Empowering in the Job program supports you ...

- in stabilizing your employment initiation
- in maintaining motivation
- in work organization
- in duties and communication
- in self-reflection and goal setting
- and much more ...

### At our coaching center, we offer:

- Professional job application photos
- Access to Microsoft Office for the duration of the coaching
- A friendly, open, and multicultural coaching team

### We can offer coaching in the following languages:

German • Turkish • Bulgarian • Romanian • Arabic  
English • Ukrainian • Albanian

### We also provide coaching services via

Phone, Email, Video Conferencing  
SMS, Teams

# Empowering in the Job hybrid

## Unser individuelles Empowern im Job

unterstützt Sie in vielen Situationen des alltäglichen Lebens, aber auch beim Ihrem Weg zurück ins Berufsleben.

**We help in difficult life situations.**

**Your personal coach will support you twice a week for 2 hours each session.**

The focus of the measure is on individual counseling. The goal is to provide beneficiaries with supportive guidance and to give positive impulses for personal development. This aims to address specific problems, outline solutions, and take the first steps towards resolving them, thereby enabling the participant to experience an appropriate learning curve. The ultimate goal is to help the participant maintain the employment they have secured.



## What are you waiting for?

Call us free of charge

0800 555 79 888

Make an appointment

We will be happy to advise you



Measure for activation and vocational integration (MAbE) according to § 16 Abs. 1 SGB II in conjunction with § 45 Absatz 1 Satz 1 Nummer 5 SGB III for the AVGS-MAT – Activation and Placement Voucher for the measure at a provider.

# Empowern im Job hybrid

- Stabilization in the new job
- Coping with new challenges (structure, function, tasks)
- Support in the new job
- Observation and assessment of personal development
- Creating success experiences (maintaining motivation)
- Organization and time management for the new position
- Support in balancing family and work
- Self-reflection on goals and their achievement in the new job
- Strengthening competencies and communication skills in the new job
- Support in fulfilling contractual obligations
- Regular contact with company supervisors
- Strengthening self-management
- Conflict intervention (including moderation and mediation, if necessary).



"Our planet is our home,  
our only home.  
Where shall we go  
if we destroy it?"

Dalai-Lama

We share this view as well, and therefore it is our endeavor to minimize harmful CO2 emissions in order to counteract climate change.